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Table 1: Margin settings.

|  |  |
| --- | --- |
| *Margins* | *A4 (210 x 297 mm)* |
| Top | 25 mm |
| Bottom | 25 mm |
| Left | 25 mm |
| Right | 25 mm |

Tables and illustrations and their captions should be centred. All graphics should be understandable when printed in black and white. Make sure that the interpretation of graphs does not depend on colour. Use symbols or patterns on line and bar graphs to identify lines and columns.



Figure 1: Sample line art illustration.

An equation should be preceded and followed by one blank line, and should be referred to, in the text, in the form Eqn. 1. All symbols should be explained within the manuscript.

 (1)

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Examples:

REFERENCES

[1] Author1, A. and Author2, B. (2000), *Eng. Fract. Mech.*, vol. 85, n. 6, p. 1234.

[2] Author3, C. (2001). In: *Design for durability in the digital age*, Proceedings of the 21st ICAF Symposium, vol. I, pp. 124–138, Rouchon, J. (Ed.), Cépaduès Editions, Toulouse.